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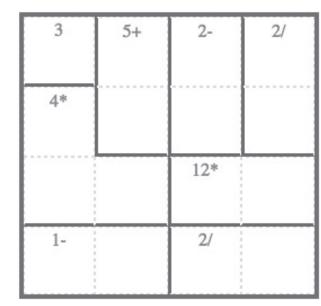
Logan's Run | By Aaron Logan





KenKen | Medium

Use numbers 1-4 in each row and column without repeating. The numbers in each outlined area must combine to produce the target number in each area using the mathematical operation indicated.



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6*		3-	
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3+		4	

Sudoku

1	2	9	8	3	4	7	5	6
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4	5	6	7	2	9	3	1	8
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9	1	3	2	4	6	8	7	5
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Difficulty Level ★★

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Today's Cryptoquip Clue: W equals N

CRYPTOQUIP

NFMZ UVDYFMG KBHCW VDM W N M V I L Z R B Q M D W I B Q M W XVCLZR KBBG, L'G FVQM IB YVHH IFMX FBI UDMUUMDW.

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K-State offers free, reduced services for students

Jakki Thompson edge editor

Incoming freshmen and transfer students may be unaware of the many services available at K-State. Here are 11 free or reduced cost services available to all K-State students, mostly paid for through student privilege fees.

1. Career and Employment Services

Career and Employment Services helps students prepare for life during or after their college careers. CES offers many free services including mock inter-views, job listings both on and off campus, career fairs, resume and curriculum vitae reviews and professional workshops throughout the academic year. CES is located in Holtz Hall, which is just east of Seaton Hall. For more information, visit k-state.edu/ces.

2. Peters Recreation Complex
The Chester E. Peters Recreation Complex offers free access to exercise equipment for all K-State students, staff and faculty. The Rec's facilities include indoor and outdoor backetball courts, out outdoor basketball courts, outdoor tennis courts, a rock climbing wall, weights and aerobic and cardio equipment. The Rec is funded by student privilege fees and is located on Denison Avenue, north of Jardine Apartments. For more information, visit recservices.k-state.edu.

3. Counseling ServicesK-State's Counseling Services offers a wide range of services to K-State students and is staffed by certified professionals. The services provided include, but are not limited to, drug and alcohol intervention, stress management, homelessness issues, career decision-making, interpersonal relationships, eating disorders, trauma, anxiety, depression and other mental health issues.

All information shared in counseling sessions and all records are strictly confidential, and the first four appointments at Counseling Services are free to students. Appointments five through 10 cost \$15 per hour, and more than 10 appointments cost \$25 per hour. Counseling Services is located in the English and Counseling Services building west of Hale Library and behind Seaton Hall. For more information, visit k-state.edu/counseling

4. Information Technology Assistance Center

Technolo-The Information gy Assistance Center offers both free and paid services to students that go beyond resetting your eID password. Free services include assistance with formatting electronic theses, dissertations and reports; the IT Help Desk in Hale Library; and the Media Developenter a lab on the second floor of Hale where students can use high-end equipment to record audio, edit video and photos, scan images, design websites and more.

The Adaptive Technology Lab, located in the MDC, supports stu-



Abdulrahman A. Alkhiary, junior in finance, gets tutoring help from **Kenton Kloster**, senior in marketing, at the Academic Assistance Center located on the third floor of Leasure Hall in room 201. K-State's Academic Assistance Center offers free tutoring for students.

dents with disabilities. ITAC also offers paid repairs for table-top computers, tablets, laptops and accessories and can provide repairs under a Dell or Apple Mac warranty. The ITAC office is housed in 214 Hale Library. For more information, visit k-state.edu/itac.

5. K-State Writing Center

The K-State Writing Center aids students with their writing needs and welcomes students from all degree backgrounds at any stage of the writing process. Students writing for a class or writing for personal pleasure can bring their papers, essays, theses or dissertations into the Writing Center for one-on-one peer review sessions. The Writing Center is located on the main level of the English and Counseling Services building. For more information, visit *k-state.edu/english/* writingcenter.

6. Lafene Health Center

Lafene Health Center provides discounted medical services for a general medical clinic, allergy shots and immunizations, health promotion, laboratory tests, nutrition counseling, a pharmacy, physical therapy, radiology, a sports

medicine clinic and a women's clinic. Many of these services are available for free or at reduced cost, even for those without health insurance. Lafene Health Center is located at 1105 Sunset Ave. For more information, visit *k-state.edu/*

7. Academic Assistance Center

K-State offers free tutoring services through the Academic Assistance Center in Leasure Hall. Students who need help with math or English can attend walk-in sessions at the third floor Lafene Annex according to a daily schedule or in the evening in campus residence halls. Students may also submit a request for a tutor in a specific class or subject other than math or science, but the application process takes about a week. Leasure Hall Tutoring is located in 201 Leasure Hall on the west side of the Quad. For more information, visit k-state.edu/aac/tutoring.

8. LGBT Resource Center

bisexual, transgender, transsexual or are looking to learn more about the LGBT community can find information, resources and educational assistance at the LGBT Resource Center. The Resource Center can also refer students to information about the LGBT inclusive student organizations on campus. The LGBT Resource Center is located in 207 A/B Holton Hall, which is across the street from Bluemont Hall. For more information, visit k-state.edu/

9. Powercat Financial Counseling

All K-State students can take advantage of Powercat Financial Counseling services. Powercat Financial can help K-Staters with student loans, credit, budgeting, creating a college financial plan and transitioning from college into the workforce. Powercat Financial Counseling is located in the Office of Student Activities and Services on the first floor of the K-State Student Union off of the courtyard. For more information, visit *k-state*.

10. Student Legal Services

Student Legal Services at no cost. Sarah Barr is the current student legal services lawyer. Barr can provide any legal information for students. The attorney can litigate issues dealing with landlords and tenants, consumer problems such as sales and service contracts, small claims court appeals or removals, misdemeanors when jail time is unlikely or uncontested divorces if neither party has children

All cases are subject to a variety of issues of consideration before the case is accepted for litigation. Student Legal Services is located in the Office of Student Activities and Services on the first floor of the K-State Student Union off of the courtyard. For more information, visit *k-state.edu/osas/sls*.

11. Women's Center

The K-State Women's Center works to promote a safe and equitable work and learning environment for women and all people through advocacy, presentations, academic classes, training and referral. The K-State's Women's Center assists students who have survived rape, sexual assault or sexual harassment. The center aiso aims to prevent sexually vio lent crimes. The K-State Women's Center is located in 206 Holton Hall, across the street from Bluemont Hall. For more information, visit k-state.edu/womenscenter.

Get prepared: 4 simple tasks to complete before the first day of classes

Jakki Thompson

edge editor As a new freshman or a transfer student, there are certain aspects about K-State you may not know to do before your first day of classes. Here are a few tasks that will help you prepare for that nerve-wracking first day and the stressful semester to

1. Check iSIS

Checking your iSIS account before the first few days of classes is important. ISIŠ will tell you what classes you are officially registered in, what classes you are on the wait list for and what classes you were unable to get into. After

confirming which classes you are enrolled in, the first thing you should do is print out your schedule. In past semesters, iSIS has gone down due to too many students trying to check their schedules at the last minute, so it's a good idea to get this done before the first day of classes.

Keep checking throughout the semester, because it also contains information about advisers; holds on student accounts and financial records, including outstanding tuition and fees; payment plans and academic awards and scholarships. ISIS also allows students to drop a class. If you get a couple of days or weeks into a class and realize it's not for you, this is where you will go to officially drop it.

2. Check K-State Online

As a K-State student, it is important to check your K-State Online account before your first day of classes. It is critical to make sure you really are enrolled in all of the classes you thought you were registered for and that those classes are coming up on your KSOL account. After that, it is important to check all of the classes that are live on the site for any information your instructor

has posted. Check to see if your syllabi are posted. Print out all the syllabi you need and bring them to class on the first day. Be prepared and informed about what your classes are about,

the timeline of assignments and projects and what books and other academic aids you will need. Check KSOL every day for updates on grades and upcoming assignments.

3. Check Webmail

Webmail is the email service students and faculty use through the university. Start checking Webmail regularly at least a week before classes start to see if your professors have emailed you anything about the upcoming semester. Some professors might email students handouts for class or information about what they need to be prepared for on the first day. Professors may also email the syllabi for their classes rather than posting it

It is important to go to the first day of classes as prepared as you can be, and checking Webmail regularly helps ensure that you are. Finally, don't be afraid to email your professors and ask any questions you have about the class or their expectations.

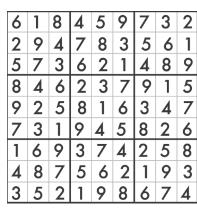
4. Check your actual mail

Make sure to be aware of the mail at the home you moved from and at your new residence hall, apartment or house. The first thing you want to do after moving is change your mailing address, which you can do online in less than five minutes at the U.S. Postal Service website.

Sometimes K-State will mail

things that are important but might be missed if you do not stay on top of your mailbox. Students may overlook this because they are getting settled into their new living quarters for the upcoming year. However, it is an important step in case K-State, your landlord or any other person of power may have delivered something containing critical information for you as a student.

These four tasks may seem obvious or second nature to students returning to K-State, but it is important that new students do not overlook them. These four tasks should also be repeated daily throughout the semester to make sure you are as prepared as possible.



Pretend like you're taking notes and do the SUDOKU

Computer **Problems?**

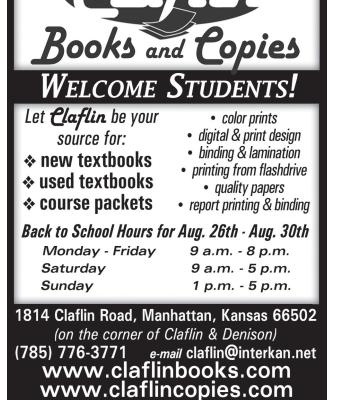
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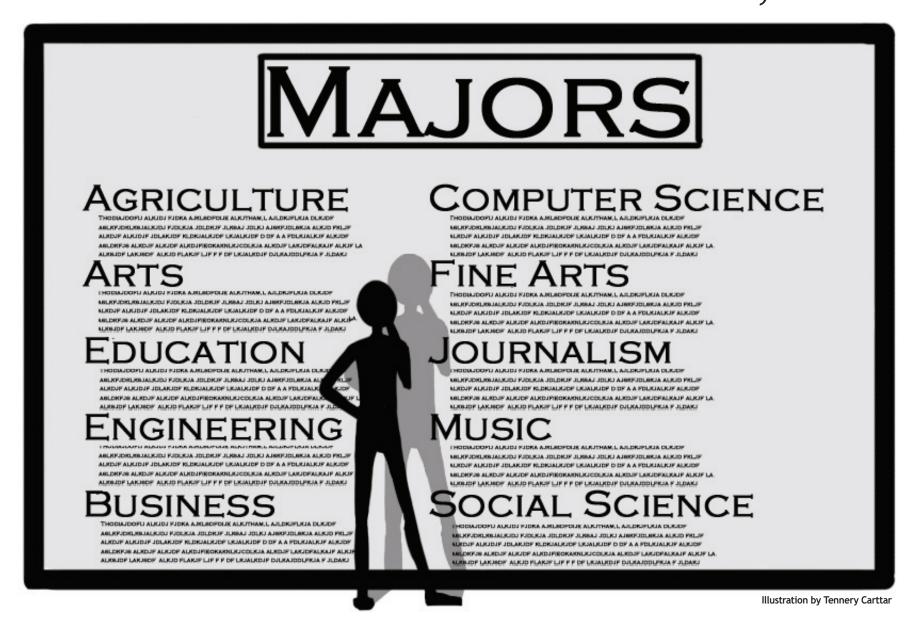
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Advice: select classes based on interest level, not ease



Laura Thacker

When I first came to college, I was sure that I wanted to study psychology. That is, until I got into a few higher-level classes and I realized that psychology, as a career, was just not for me. Where did this leave me? Luckily, I had already made some decisions that helped guide me to the right major—when it came to my general education classes, I went for those that sounded interesting, rather than easy, and that made all the difference.

During my second semester of college I took a literature course, and I absolutely loved it. While I was struggling with the decision to change my major I realized that my literature class was my favorite, and after a lot of deliberation I changed my major to English. Fast forward six years, and I'm now working on my master's in the subject. Sometimes doing what you love can pay off.

Similarly, when it came time to fulfill my philosophy requirement, I decided that philosophy of feminism sounded far more interesting than just a general philosophy class. Was it harder? Yes. Did I get more out of it? Definitely.

It might sound corny, but the decision to take classes that I was interested in legitimately changed my life. Remember that interest and passion often go hand in hand, and it's much easier to feel motivated during that mid-semester slump if you feel passionate about the subject that you are studying

Sure, there are going to be some general education requirements that you have to fulfill that won't sound even remotely interesting to you. But it's much easier to survive a class that you find absolutely mind-numbing if you know that you'll find your other classes engaging and intriguing.

Finding classes that are interesting to you, however, will take effort on your part. Keep in mind that your adviser has multiple students he or she is working with, and in many departments advisers are also professors. It is not their job to seek out classes that they feel you might enjoy, but if you come in with a list of classes, they will be happy to tell you if they fulfill the requirements that you need to reach.

If you're unsure about your major but don't want to get behind requirement-wise, remember that electives are needed too. I'm not saying that you should take every class that sparks your interest (if I had done that, I'd still be an undergraduate at the age of 25), but remember that college is about the pursuit of knowledge as well as the

pursuit of a degree.

Even if I hadn't eventually added a double major in women's studies after taking philosophy of feminism, the class introduced me to a set of ideas and a way of seeing the world that was completely outside of anything I had ever experienced. By taking classes that sounded interesting, rather than easy, I developed the ability to question the world around me, an invaluable skill that helped with the personal growth we all hear about in college. Believe it or not, your classes can help with that, too, which makes trying out new subjects even more important.

Remember, at the end of the day, if you decide to change your major, don't be ashamed or embarrassed but make sure that you really consider the decision. I've seen people successfully change their major from something as seemingly different as computer sciences to women's studies, so no jump is too big, just make sure that you're not

changing your major on a whim.
K-State's Academic Career and Information Center webpage has information on the majors offered at K-State, and most departments have course descriptions listed somewhere on their websites.
There's no reason to make these decisions blind, but it's also not up to your adviser to make these decisions for you.

While the autonomy that college gives you may seem daunting, keep in mind that nobody knows your interests and passions like you do and that every major offers something unique. So enroll in classes that sound interesting, and don't be afraid to try new things. In the long run, while the easiest classes might be better for your GPA, in my experience, it is the classes that I found compelling and engaging that were the most beneficial in the end.

Laura Thacker is a graduate student in English. Please send comments to edge@kstatecollegian.com.

Involvement in campus organizations helps performance, creates home



Illustration by Tennery Carttar

Karen Sarita Ingram

I think it's normal for most students to feel pretty lost when they first come to college. I also think I may have had it a little worse than some, because I was a nontraditional student when I came here at the ripe old age of 27. Everybody I had gone to high

school with had long since graduated. I didn't know anybody here, and it was hard to make friends because I felt like I had nothing in common with anybody. The first semester and a half here, I felt so out of place and lonely. I'm honestly not sure I would have made it if I hadn't found something to get involved in.

One March, on a whim, I wandered into the Collegian newsroom and asked what it would take to work for them. I had absolutely no journalism experience and wasn't even sure I'd like it, but it seemed like something interesting to try. I fell in love with it and,

four years later, I still love coming to work here every day.

More importantly, I made friends here. I don't have much in common with most of my co-workers except the Collegian, but it's a common bond we all share. It gives us a sense of community and of belonging. We speak the same jargon, get the same jokes and, to an outsider, we seem like a tribe with our own rituals, superstitions and culture.

The single biggest piece of advice I can give to any student is to get involved in a club or organization as quickly as possible. There are hundreds

to choose from. You can join a fraternity or sorority, learn martial arts or salsa dancing or find fellow geeks who love manga or photography. Whatever you love to do, or whatever you've always wanted to try, the chances are fantastic that there is already a group of like-minded people waiting for you to join their ranks.

Getting involved helps you to build bonds with people. It will give you a sense of belonging and help you to feel like less of a stranger in a strange land. It's a serious morale booster, and that means a lot more to your well-being than you might think.

Multiple studies, including one by Iowa State University, have shown that students involved in extracurricular activities have higher grade point averages than students who do not get involved. According to an April 8, 2012 article by the Santa Monica Mirror, studies have shown that people who engage in social activities also have better memory, cognitive

functions and self-esteem.

By getting involved in a club or organization on campus, you can find new passions you never knew you had. You can explore your personal boundaries without having to worry about it affecting your

GPA, like it would if you took a class that did not go the way you thought it would. You can build friendships and support networks that will help you throughout your college career and beyond. And you can even use activities and clubs to help build your resume.

Getting involved in the Collegian saved me. I'm convinced it did. So for any of you who feel lost and alone, I can assure you, K-State is a large community. There is a home for you here somewhere.

Karen Sarita Ingram is a senior in English. Please send comments to edge@kstatecollegian.com.

K-State has rich tradition in athletics, inspires fans



Russell Edem | Collegian

Construction is still ongoing, but renovations on the west side of Bill Snyder Family Stadium have made significant progress since May.



Whether you've bled purple from the day you were born or you're an out-of-state student who's still a stranger to the Wildcat culture, it's an exciting time to call the Little Apple home. K-State is coming off of one of the most successful athletic campaigns in the school's history — defending Big 12 titles in football, baseball and men's basketball. With football season just around the corner, there's no better time to brush up on everything you need to know about K-State sports.

On select fall Saturdays, Manhattan undergoes a transformation unlike anything else in the world. Throngs of purple-clad fans pour in to Aggieville and the parking lots of Bill Snyder Family Stadium, creating a gameday atmosphere that's indescribable. "The Bill," as it is affectionately referred to by fans, is already a notoriously difficult venue for visiting teams; Pete Carroll, head coach of the NFL's Seattle Seahawks and a 40year coaching veteran in the NFL and NCAA, called it the toughest

stadium he'd ever coached in after his USC Trojans fell to the Wildcats in 2002. That reputation could grow this year with the opening of the new West Stadium Center, a 250,000 square foot expansion that will add thousands of seats and create a much more impressive

The 2013 Wildcats have a tough act to follow after last year's 11-1 regular season record, conference championship and a spot in the Fiesta Bowl. K-State lost many key contributors to graduation, includ-ing star quarterback and Heisman Trophy finalist Collin Klein. Although many new faces will have big shoes to fill, if anyone is up to the task, it's head coach Bill Snyder. Snyder is widely considered to be the architect of the greatest rebuilding project in sports history, specifically for his work leading the K-State program out of the desert when he took over in 1989.

The year before Snyder was hired, "Sports Illustrated" ran an article called "Futility U" dubbing K-State "America's most hapless team." Just five short years later, after steadily improving on each previous season, Snyder led the Cats to the program's second-ever bowl victory in the 1993 Copper Bowl. That was the start of a streak of 11 straight bowl appearances for K-State. The Wildcats were in contention for a national title berth late in the season twice under Snyder, in 1998 and 2012, finishing

11-2 both times. Snyder retired in 2005 after back-to-back lackluster seasons, and Ron Prince was hired to take the reigns. His tenure did not go very well for K-State, who compiled a 12-13 record under Prince, and he was fired before the kickoff of his third season. Bill Snyder was coaxed out of retirement and has led the Cats to an improved record every season since.

Compared with the rich history of the football program, K-State basketball is often overlooked. Sure, a certain in-state rival to the east boasts three NCAA titles and a claim as one of the top teams in the nation, but Wildcat hoops deserves a lot of recognition as well.

The Cats have won 18 conference titles on the basketball court and appeared in the Final Four four times, including a 1951 title game loss to the Kentucky Wildcats under their legendary head coach Adolph Rupp. K-State has also reached the Elite Eight a dozen times and the Sweet 16 on 16 occasions, and finished in the final Top 25 Poll 15 times.

Twenty-two former K-State players went on to careers in the NBA or ABA, including forward Michael Beasley, who became the second overall pick in the NBA Draft after a single, dominant 2008 season in purple. Six-time NBA All-Star and former Rookie of the Year Mitch Richmond also played at K-State before becoming the fifth overall

pick in the 1988 draft. That number could grow in the near future, with Rodney McGruder and Jordan Henriquez, seniors last season, currently vying for roster spots with the Orlando Magic and Houston Rockets, respectively.

Bruce Weber enters his second season at the helm without McGruder, Henriquez, or Martavious Irving, seniors who were instrumental to last year's success. The program also lost promising point guard Angel Rodriguez, who transferred to Miami to be closer to his family in Puerto Rico. With a talented field in the Big 12, defending the conference title could be a difficult task.

Last year's run to the Corvallis Super Regional of the College World Series was undoubtedly the most successful in the program's history. After a dramatic win over Oklahoma sealed the conference title, K-State hosted a regional round at Tointon Family Stadium. After defeating the field against Wichita State and Arkansas, the Wildcats fell to Oregon State in the final game of the three-game super-regional.

K-State will return most of the key players from last year's run, including Big 12 Player of the Year Ross Kivett, who turned down a shot with his hometown Cleveland Indians to handle what he described as "unfinished business." Under coach Brad Hill, who recently signed on for five more years with K-State, next year could be an

exciting one for K-State baseball.

Your job

Fans, specifically those in the student section, have a great deal of responsibility in giving the Wildcats a home-field advantage. The crowd is among the biggest factors in creating a hostile environment for opposing teams, and the ICAT section is one of the best in the business. There is a slight learning curve for some of the coordinated cheers, especially the "Wabash Cannonball."

Get this one down early, because it's one of the most frequently used. The bulk of the song is spent rapidly moving one's torso backward and forward in a sort of vertical sit-up, with a few sections of twisting and clapping thrown in. It's a tough one to describe, so a quick YouTube search may be worthwhile. Aside from the Wabash, just try to not to point in the wrong direction when declaring a Wildcat "first down!" along with the rest of the crowd, and you'll be all right

Most importantly, go nuts. Not everyone gets the chance to be a part of something as special as K-State athletics. Stock up on purple and be in the stands as often as you can. You'll never regret the games you go to, but there's a great chance you'll regret the ones you missed.

Mike Stanton is a sophomore in journalism and mass communications. Please send comments to *sports@* kstatecollegian.com.

K-State athletics has year of prosperity with wins, fans, finances

Following an academic year in which football, men's basketball and baseball all won Big 12 Conference titles, sports at K-State have never been better.

When Big 12 commissioner Bob Bowlsby came on a campus visit to Manĥattan on Aug. 5, he spoke highly of K-State Athletics Director John Currie and the recent on-field successes of the

"To [win Big 12 titles] with three major sports in the same year is an extraordinary accomplishment and one to be celebrated," Bowlsby said. "I trust that there has been a fair amount of celebration here during the course of the year."

Celebration certainly has found a consistent home at K-State. Last year's football team won its first Big 12 title since 2003 and reached a No. 1 ranking during the season. Head coach Bill Snyder ended the season with a trip to the Fiesta

Bowlsby gave a high amount of praise to Snyder while on his visit to K-State.

"I have said it publicly, and I have said it privately to Coach Snyder; I think the job he has done at Kansas State University is probably the biggest turnaround in college football history," Bowlsby said.

"Bill Snyder-coached teams never beat themselves. They tend to win the turnover sweepstakes, and they do all the little things well," he said.

Snyder-coached team, you are going to have to beat them because they will not beat themselves. I think over a long period of time, he has demonstrated that that kind of meticulous preparation will pay dividends."

Prior to being named the Big 12 commissioner in the summer of 2012, Bowlsby served as athletics director at Northern Iowa. Bowlsby told a story of how Northern Iowa traveled to K-State before the team was coached by Snyder and beat the Wildcats.

"I had firsthand experience with the Kansas State football program when I was at Northern Iowa, and we brought teams down here and won," Bowlsby said. "Actually, I think we went home feeling like the better football team most of the time. What Bill inherited was truly extraordinary."

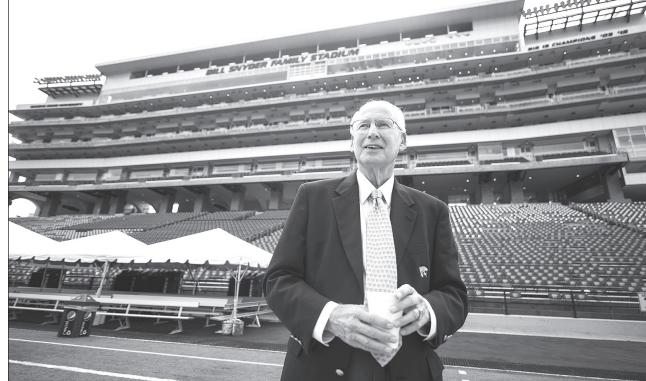
Men's basketball and baseball were equally as successful last year. Basketball head coach Bruce Weber and baseball head coach Brad Hill joined Snyder as winners of the Big 12 Coach

part to the success on the field, K-State increased its athletics budget from \$51 million in the 2011-12 fiscal year to over \$60 million in the 2013-14 fiscal

rity in the athletic department comes at a time when there are various construction projects underway. In the past two years,

of the Year Award last year. Finances have also drastically improved within the K-State athletics department. Due in

The increased financial secu-



Emily DeShazer | Collegian

Head coach Bill Snyder stands with the new West Stadium Center behind him on Aug. 5 during K-State media day.

got a brand new practice facility, the football stadium's west side is currently undergoing massive renovations and a new rowing facility is being built.

Attendance at K-State football games is also on the rise, which breaks the national trend of declining attendance.

"We also have been very for-

tunate that we are not the national trend," Currie said. "Our attendance has continued to improve over the last several years. We have sold a record number of season tickets this year. Unless we have awful weather, we should have the most people come to Bill Snyder Family Stadium in our history this year.

We should target for 400,000 for the year, which would set an alltime attendance record."

Ultimately, the success of K-State's athletic department and its teams on the field have started to get noticed, not just around Manhattan, but around the country as well.

done an extraordinary job," Bowlsby said. "I think it is a lot of things. It is having the right people, the right engagement and the right loyalty of fans, which has been extraordinary."

Bowlsby added, "The robustness that you have here, it's a prosperous feeling, a feeling







Media Day: Bill Snyder, Wildcats hit the field, prepare for season



Emily DeShazer | Collegian

ABOVE: Senior running back John Hubert only needs 15 yards to move up to 10th on K-State's rushing career yardage chart. Hubert rushed for more than 900 yards in the past two seasons. RIGHT: (From left) Offensive linemen Tavon Rooks, Boston Stiverson, Keenan Taylor, B.J. Finney, Cody Whitehair and Cornelius Lucas will bring their years of experience to the front line. BELOW: Wide receivers Tyler Lockett (left) and Tramaine Thompson will share duties as returnmen for punts and kickoffs this season.







Emily DeShazer | Collegian

ABOVE: Junior defensive end Ryan Mueller walked on to the team in 2010 and will see his role continue to expand in the 2013 season.





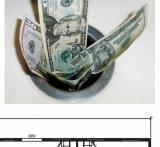


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K-State First program aims to usher new students into university life

Jakki Thompson

Moving to an unfamiliar place can be both challenging and exhilarating. K-State wants to make sure students feel welcomed, safe and secure from the first moment they arrive on campus. One of the programs offered to new students, both incoming freshmen and transfer students, is K-State First.

Entering its fourth full academic year here at K-State, the K-State First program has grown considerably since it began. In 2008, just 270 students were enrolled in components of the K-State First program, but as we enter the 2013-14 academic year, more than 1,500 students are involved in K-State First.

"K-State First realizes that learning is social. If we break that down, the most important goal is for students to be academically successful," said Gregory Eiselein, director of the K-State First Program and professor of English. "We offer classes that are challenging and encouraging. One of the ways one does this is the social transition from home to K-State. K-State First allows students to know their fellow students better, as well as getting to know their professors better."

The are multiple components to K-State First. One of the components is the first-year seminar. This part offers classes that are traditionally held in large lecture halls as smaller classes with sizes of about 25 students. The seminar creates a more intimate setting in which students and professors can connect with the content of the course while bridging the gap between them.

"K-State First allows students to know their fellow students

better, as well as getting to know their professors better."

> **Gregory Eiselein** director, K-State First

Another component to the K-State First Program is Guide to Personal Success, or GPS. GPS pairs students with faculty and staff to give firstyear students a professional point of reference at K-State. Mentors provide their mentees with advice and support and can help them find the resources and services they

"I am a first-year GPS mentor," said Tara Coleman, web services librarian for K-State libraries. "Essential-

ly, GPS is a platonic Match. com. The program matches students with someone based on the intended major and other key qualities. For example, if you're introverted, you're likely to be matched with someone else who is introverted. Or vice versa if you are extroverted."

Coleman said mentors in the program are not the same as an academic adviser or a resident assistant, but something completely different. She said she has been here so long that she knows how to direct students to help them find the resources they might need to be successful at K-State.

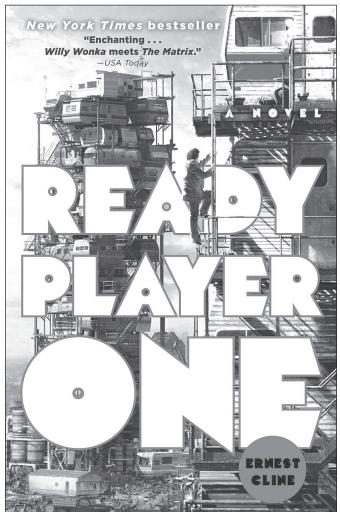
CAT Communities are another aspect of the K-State First Program. These are a set of three courses - two general education and one CAT course - that new students take in groups of 22 during their first or second semester. CAT stands for Connecting Across Topics, and these CAT classes connect students with similar interests and academic majors. CAT Communities creaté an environment with smaller class sizes in which students can form a stronger community and feel more comfortable.

Originally in 2008, only 16 CAT Communities were offered. This coming academic year, a total of 63 CAT communities will be offered — 49 in the fall semester and 14 in the spring semester.

"New students are important to the campus," said Ēmily Lehning, assistant director for the Office of Student of Life and director of New Student Services. "It's our obliga-tion, if you will, to provide the best experience K-State has to offer. First-year experience extrinsically matters to me. If we recruit great students, we are obligated to make them successful and to make sure they are successful."

K-State First has a program for those students who are not first year students as well, called the K-State Book Network. KSBN offers a campus-wide common reader that is incorporated into many general education classes. This year, the common read is 'Ready Player One" by Ernest Cline. In the fall semester, KSBN offers many different programs and speakers connected with the common reader that all students, faculty and staff can participate in

"One of the best things about this program is we have involvement from all sorts of different types of people who are a part of this program," Lehning said of K-State First. "We have such a great diversity of students, staff and faculty from all over campus who all come together for the betterment of first-year students."



Courtesy photo

Campus bathrooms: the good, the bad and the very unappealing



Katie Goerl | Collegian

You can't tell, but this bathroom, located in 141 Cardwell Hall, does not smell great.



When it comes to bathrooms, many students new to K-State – or any large university, for that matter — are in for a rude awakening. Students living in the residence halls may have to live with (and shower in) community bathrooms for the first time in their lives. Sometimes it's hard to come by a little privacy, and that's exactly the reason that incoming students need to know where the best and worst bathrooms on campus are.

First, my criteria. Call me crazy, but I like my bathrooms locked and lonely. As a result, I rank low-traffic, secluded restrooms higher than attractive

Second, the Department of Facilities works hard to maintain all bathrooms, but many buildings at K-State are very old, making repairs and renovations costly. What I mean is, don't get mad at the facilities guys when you find a problem in a bathroom. They're the ones working very hard and patiently to clean up our messes.

Last, a disclaimer: this is just one writer's personal opinion. I certainly have not visited every bathroom on campus in my five years at K-State, and I only considered women's and unisex bathrooms in this review.

Now, let's start with the bad

THE WORST

141 Cardwell Hall

Most incoming freshmen will have to take a math class during their first year. That means you may be spending a lot of time in Cardwell Hall, with many other underclassmen, a lot of whom

are very nervous about math. You will need to use the bathroom at some point, but you probably won't like it.

To start, the sign on the door isn't even a real sign; it's a piece of paper with the word "WOMEN" scrawled on it in thin green letters. Once you enter the bathroom, at least seven fliers warn visitors in all caps, "PLEASE do not throw paper towels in toilet" and "MAKE SURE YOU TURN FAUCETS COMPLETELY OFF AFTER USE." And it's loaded with narrow stalls, so you're never comfortable and you're never alone. But the worst part about stepping foot in this bathroom? Someone has always just taken a nervous math poop.

Willard Hall

Have you ever been in the basement of Willard Hall? I would guess the answer is yes only for art students and ladies who have to pee but don't want to climb three flights of stairs.

and so are the bathrooms in Willard Hall. Moreover, they're hard to find. The building has three floors and a basement, and every floor looks pretty much the same. It's easy to get lost, and it's even easier to forget which floor the bathrooms are on. Just so you know, men's bathrooms are on the first and third floors, while women's are on the second floor and in the basement.

BATHROOMS | pg. 23

Do you know of other great and terrible bathrooms on campus? Let us know in the Fourum! To submit your Fourum contribution, call or text 785-260-0207 or email thefourum@ kstatecollegian.com. Your email address or phone number is logged but not published.



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Local restaurants offer variety, quality, convenience for students

Shelbi Markham

Students new to Manhattan might be interested in a more varied diet than the residence halls can offer. Luckily, there are many local restaurants to choose from in Manhattan that offer a different choice of cuisine, a pleasant atmosphere and cheap meal options. For students who are limited when it comes to transportation, places close to campus like those in Aggieville provide great options.

Juliana Ferrari, junior in agronomy and a foreign exchange student from Brazil, said she picks specific restaurants for many different rea-

"The food needs to be good and the atmosphere, in general, is comfortable," Ferrari said. "The distance is important, and it needs to not be too expen-

So Long Saloon, an American-style restaurant located in Aggieville at 1130 Moro Street, has been around since 2001. The restaurant is known for items like their Chipotle Raspberry and Black Bean Dip, and prices for entrees range from

about \$8 to \$12.

"I love So Long," said Taylor Friedfeld, sophomore in animal science. "The raspberry bean dip is my favorite, and the inside is decorated really cool."

A newer addition to Aggieville offers food from across the pond. Keltic Star, located at 1215 Moro Street, opened earlier this year and offers an array of British and Irish dishes at mid-range prices.
"I really like the Keltic Star,"

said Rebekah Adcox, junior in agribusiness. "I got the shepherd's pie when I went with my brother. It was pretty good."

Coco Bolos, another Aggieville restaurant located at 1227 Bluemont Avenue, is a wood-fired grill and cantina that serves Latin-inspired food. Most entrees cost between \$9 and \$15. The restaurant offers a Tex-Mex late-night menu that runs from 10 p.m. to midnight every Tuesday through Sat-urday. It also offers drink specials for sangria on Wednesday night and margaritas on Thursday night. Mark Rosen, general manager at Coco Bolos and K-State alum, said that the establishment also has a happy hour in the works to bring in more students.

Subs-N-Such is also a convenient place for students on foot. Located across the street from Throckmorton Plant Sciences Center on Denison Avenue, it is the closest place to eat west of campus. Subs N' Such has been around since 1980 and is operated by two K-State graduates, Paula Kelly-Frey and her husband Darrin. Their sandwiches are served cold on large loaves of bread with a choice of many chilled vegetables, condiments and sauces. It's also easy on the wallet; six-inch subs cost about \$5, while footlong subs cost \$8 or \$9. The restaurant's signature item is called the Kitchen Sink, a sandwich packed full with five different types of meat and two different cheeses.

"During lunch, this place is full of students. People can take it to go, and in the afternoons, kids will sit at the tables and study," Kelly-Frey said. "We're busiest on game days, because we're on the way to the stadium for most people."

A final factor to consider in choosing a restaurant is what time the restaurant serves food. One unique Manhattan establishment is the Varsity Donuts food truck, which is open Thursday, Friday and Saturday



For students willing to venture outside of Aggieville's boundaries, The Chef, located just off of Poyntz Avenue on fourth Street, is a nationally recoginized culinary treasure of Manhattan.

night from 10 p.m. until 2:30 a.m. The food truck serves up a selection of inexpensive food items, including fresh donuts, corn dogs, bacon bombs and mac 'n grilled cheese sandwiches. The truck is located in Aggieville in the alley north of Moro Street and just east of Manhattan Avenue, and it has been a hit with the late-night

"The location is a big reason people go to the truck," said Jamie Hughes, sophomore in life science. "There are also choices like the mac 'n grilled cheese, which not every one

Along with these popular restaurants, Manhattan has many other local restaurants to satisfy the appetite as well as appease the wallet.

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7:30 p.m. Wednesday, Nov. 13

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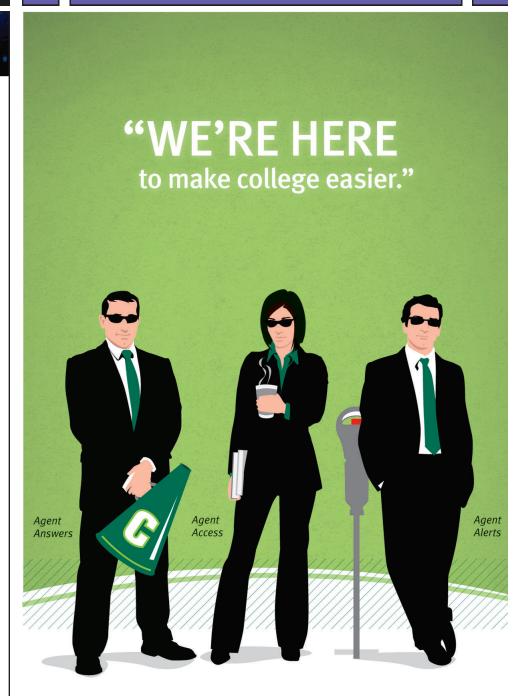
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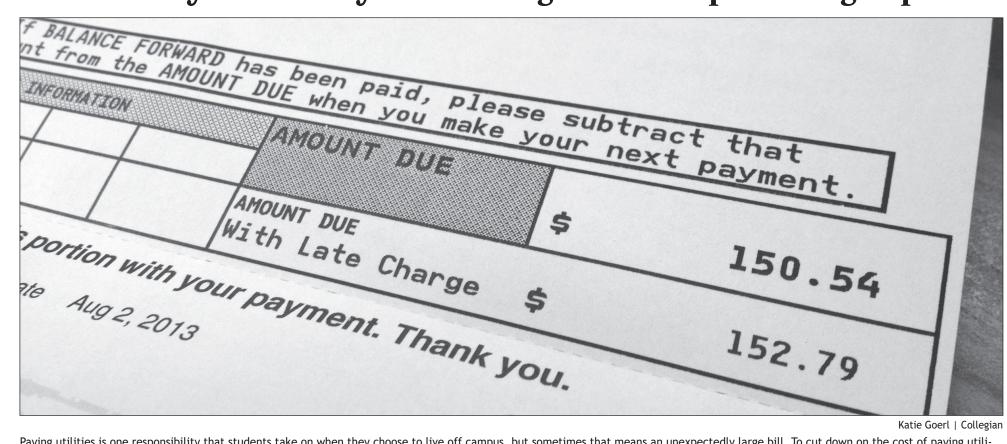
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Save money on bills by minimizing 5 off-campus living expenses



Katie Goerl | Collegian

Paying utilities is one responsibility that students take on when they choose to live off campus, but sometimes that means an unexpectedly large bill. To cut down on the cost of paying utilities, make sure to turn your lights off when you leave the room, take short showers, avoid overcharging electronic devices and ask your roommates to watch their energy and water use.



Like the majority of freshmen at K-State, my first year in college was spent in a dorm. The dorm life definitely had its perks — I didn't have to cook, I only had a limited space to clean and I had an amazing time making new friendships. After one too many nights

of a drunken neighbor banging on my door at 4 a.m., however, I decided that the rest of my college life would be spent in the privacy of an off-campus residence.

Off-campus living is an interesting mix of privilege and responsibility. On one hand, vou are vour own master. As long as you are not trashing the place, you are free to come and go as you please, eat what you want, sleep

when you want, have people over when you want and even have the privacy of your own

On the other hand, you are responsible for cooking your own meals, furnishing your residence, paying utilities and rent and just keeping your home relatively habitable.

While the freedoms of living off campus are definitely a must-have in my opinion, there are certain responsibilities that could become problematic, and expensive, if you don't monitor yourself and your roommates.

Here are five expenses to minimize while living off-campus.

1. Utility costs

This cost of utilities is probably one of the costs most overlooked by students — until you're hit with a ridiculously large bill. Doing simple things like turning off the lights when leaving a room or unplugging unused appliances can end up saving vou hundreds over the course of the year.

Develop the discipline

to watch how much energy, water and gas you consume. Talk to your roommates about keeping temperatures at a modest level, limiting shower times to a reasonable length and not overcharging electronic devices.

Watching your energy consumption doesn't necessarily mean you can't live comfortably; just don't be wasteful.

2. Grocery costs

This is interesting because college students generally tend to go one of two ways with groceries. Either they live off of a case of Ramen a month or spend way too much on perishable items that eventually get thrown

Calculating how much food you need every week may be a trial and error process for each person. What does help is if you plan out meals ahead of time and make a point to stick to your meal plan. This way, you avoid unnecessary expenses.

Also, don't be a brand snob with all of your food. I say this because, although I will eat only Jif brand peanut butter, it gets expensive to do that with everything you put into the cart. Pick a few things that you are willing to compromise on when it comes to branding.

3. Property damage

Maintaining a sense of cleanliness and order in your off-campus housing unit can help you avoid fees when you move out. Most landlords require a security deposit of the first month's rent because when you move out, they can take out expenses for damage that you or your roommates have caused from the money that you have already given them.

Avoid being reckless in your home and you will get that full security deposit amount back when you move out. Also, be sure to record any damages, dents or otherwise faulty facilities when you move in; the last thing you want is damage done by pre-vious tenants being pinned on you.

4. Legal issues A big perk of living off campus is having considerably more space to host social events. Even if it's having just a few friends over, however, this can get you into trouble fast.

Don't get me wrong; I love having people over and throwing parties. But the risk you take here is on you. What you have to understand is that you and your roommates are liable for anything that goes on in your place of residence, which can get messy, especially if there are activities like underage drinking or anything else illegal going on.

According to city ordinances posted on the city of Manhattan's website, the minimum fine for social hosting and/or furnishing alcohol to a minor is \$1,000. A minor in possession of alcohol charge can lead to a minimum fine of \$200 as well.

Whatever you choose to do in your own residence is, at the end of the day, your business. But be smart; don't make it police business as well.

5. Transportation costs The cost of transportation

may seem insignificant to

many students because of how close their housing is to campus, but it is surprisingly easy to rack up expenses with daily commuting. No matter how good your mileage is on your vehicle, it is always cheaper to walk or bike (not to mention healthier).

It's a mistake I made last year as a junior; I drove everywhere. Part of this was because I worked late hours and didn't want to walk home at 2 a.m., but still

I spent almost \$100 per month on gas, an expenditure that I could have cut if I motivated myself to walk or bike. Finding ways to carpool also helps quite a bit.

All in all, controlling costs is not too difficult if you make it a point to do little things. Turn off the lights when you leave a room, make a meal plan and avoid doing stupid, reckless things; these are all things that anyone can do with the right amount of motivation and discipline.

Andy Rao is a senior in finance and accounting. Please send comments to news@kstatecolle-

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Notable features on K-State campus not to be missed

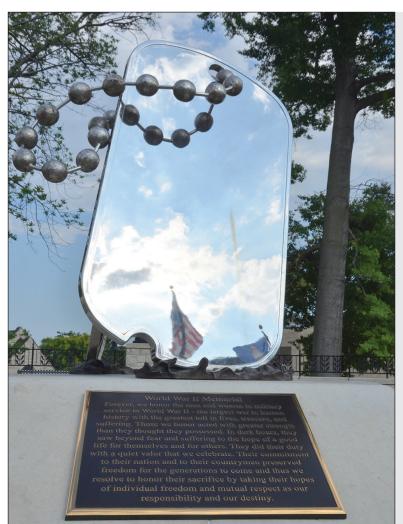


Students can find many unique buildings and monuments on the K-State campus. Here is a short list of sites that every student should visit before leaving the university. And, since all of these places are conveniently located on campus, many of these places can be seen in one day.

photos by Jakki Thompson | Collegian



The Marianna Kistler Beach Museum of Art offers many different exhibits and styles of art. The museum's exhibits rotate throughout the year in an effort to bring new and diverse art to campus. The museum is open from 10 a.m. to 5 p.m. Tuesday through Saturday and from noon to 5 p.m. on Sundays. Admission is free.



The World War II
Memorial, "Tags of
Honor," recognizes the
many K-State students
and faculty who served
during World War II.

Designed by Tim
D. Chapman and
dedicated on Memorial
Day 2011, the
commemorative dog
tag statue features a
reflective surface that
brings viewers into the

The historic model for the sculpture was the actual dog tags of K-State alum and Manhattan resident John Lindholm, a 1949 K-State graduate.

The memorial is displayed in the outdoor plaza on the east side of McCain Auditorium.



Attending a show at McCain Auditorium is something everyone in Manhattan should do at least once. A wide variety of shows, theater, dance and music is brought to McCain Auditorium every season in a program that offers a show for all tastes and interests. Upcoming acts include the band Foreigner on Sept. 8 and the Blue Man Group on Sept. 25.



The Bluemont Bell, located in the Holen Courtyard outside of Bluemont Hall, is a monument every student should see. Originally created at Bluemont College, just a mile west of the original K-State campus, it was used to call students to class.



Anderson Hall is a state-recognized historic building. The bells that ring every hour were installed in the tower in 1965, and the building has previously held a canteen, a barber shop and a chapel. Many students will enter this building to visit the Division of Financial Services, the Office of the Registrar or the Office of Military Affairs.

KSU | pg. 13

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KSU | Places to visit: Quinlan Natural Area, Memorial Stadium and more

Continued from page 12

A hidden treasure on campus is the Seaton Hall Courtyard. This small sanctuary is tucked away between Seaton Hall and Seaton Court and offers a serene place for students to sit and eat lunch or study in between classes.

Lover's Lane is a road that runs eastwest on the K-State campus, connecting Mid-Campus Drive with Manhattan Avenue. Located at the intersection near Anderson Lawn, Bluemont Hall and Eisenhower Hall, the Lover's Lane sign is a classic place to celebrate college romance with a kiss and to take photos

The Quinlan Natural Area is a small section of nature preserved along Petticoat Lane, between the Strong Complex and the rest of campus. The wooded area includes a bridge that allows students to cross over a small, babbling creek and benches for students to study or eat a meal while outside.

Memorial Stadium offers a wide variety of of features for students, hosting many sporting events and club activities as well as providing classrooms. Also called Old Stadium, it houses a full-

sized track and football field and plenty of stairs.

Located outside of Old Stadium, the Senior Sidewalk is a good place for current students to see the names, years and majors of previous K-State

The bronze Powercat statue at Old Stadium is something all students should see or take a photo by. It's a monument many students use as a way to commemorate their time at K-State.

The Helen L. Graves Family Courtyard is located near the Johnson Center for Basic Cancer Research, which is located close to Ackert Hall. It is a very soothing, relaxing place to sit and work on homework at one of the tables while listening to the sounds of nature and the courtyard's small waterfall.

There are many other wonderful places to visit on the K-State campus. One of those places is Radina's Coffeehouse and Roastery in the Leadership Studies Building. It offers indoor and outdoor seating for students to study and enjoy coffee and snacks.

The Quad is an attractive site for the

The Quad is an attractive site for students to study outdoors or just lounge under a tree, and it also includes a stone

sundial in the center. Students can often be seen slacklining between trees in the

Another place all students should see before leaving K-State is the Great Room, located on the second floor of Hale Library, which has also been dubbed "the Harry Potter Room" for its cavernous size, large benches and tables and enormous windows.

Weber Arena is where the K-State Rodeo is hosted annually — two things every student should experience. Sept. 28-29, Weber Arena will be filled with college rodeo enthusiasts cheering as contestants rope and race for cash and prizes.

K-State also offers a lively theater scene with venues like Nichols Theatre and the Purple Masque. The School of Music, Theatre and Dance as well as the Ebony Theatre produce several performances each semester, and students should not leave K-State without attending at least one.

There is something on this campus for everyone. Your niche may be anything from arts to athletics; that's the beauty of the K-State family — there is something for every individual.



Jakki Thompson | Collegian





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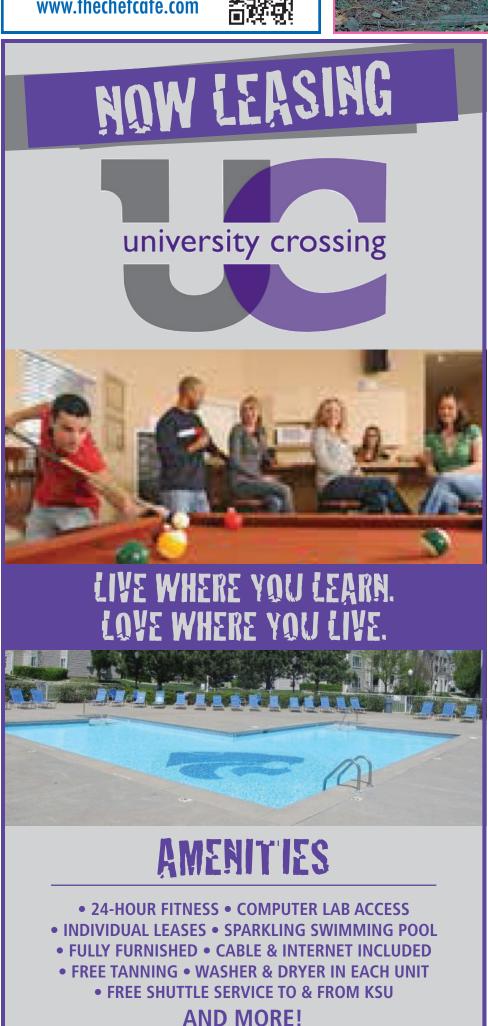
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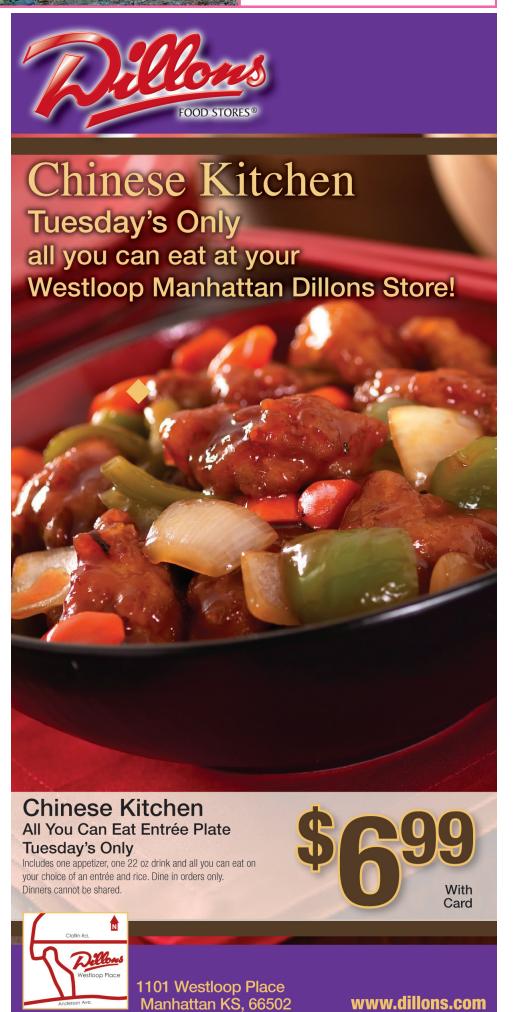
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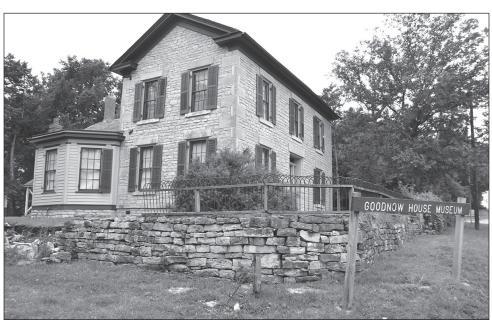
Lawrence 738 Mass St.







Manhattan boasts many must-see free, cheap attractions



all photos by Jakki Thompson | Collegian

The Goodnow House, built in 1857, has a history that ties back to K-State.



The Flint Hills Discovery Center is a family-friendly space to learn about Kansas geography.



One of the best things about attending K-State is the city of Manhattan itself. Manhattan has a wide variety of places to visit that are either free or inexpensive that bring a new perspective to the city and offer something fun to do.

Top of the World
Top of the World offers a

view of Manhattan unseen by most. It's a scenic overlook road off of Highway 113, and the view is worth a visit. Top of the World offers a spectacular view of the city and is a place everyone should see before they leave Manhattan.

Bluemont Hill

Originally called Bluemont Hill, the landmark now most commonly known as Manhattan Hill is one of the most iconic locations in the Little Apple. The letters were placed there in 1927. This is a place that offers a view of Manhattan's commercial east side. Visitors can actually climb around on the big letters that spell out the word

"Manhattan," as well as just sit and enjoy the view.

KS Hill

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Kansas Hill, as most know it, is a classic Manhattan landmark with a long history. The letter "K" was first placed on the hill in 1921, and the letter "S" was added in 1930. Though it might seem obvious to add a "U" to the other letters, it was found that the cost of stabilizing the ground there was prohibitive. In the fall, KS Hill glows red and orange as the leaves turn, making it a sight to remem-

Tuttle Creek Lake
Tuttle Creek Lake is conve



The Top of the World offers a scenic, panoramic view of the city not to be missed.



Manhattan's Sunset Zoo is home to over 250 animals, and admission is just \$4 for adults.

niently located just outside of Manhattan and is a cool place to visit during warm summer days. Country Stampede, one of the largest country festivals in Kansas, is hosted at Tuttle Creek Lake annually, and many students, faculty and Manhattan residents attend.

The Flint Hills Discovery Center

The Flint Hills Discovery Center offers a lot of fun for young children. For those K-State students with younger relatives, the Flint Hills Discovery Center boasts interactive exhibits about the wildlife, geography and native people of Kansas.

The Discovery Center also offers spaces to meet or host banquets for K-State students,

as well as other residents of the community, including a rooftop patio.

Sunset Zoo

One of Manhattan's gems is the Sunset Zoo. With more than 250 animals, the zoo offers a family-friendly learning environment for those who visit. The zoo is open every day from 9:30 a.m. to 5 p.m. Admission is \$4 for adults, \$2 for children 3 to 12 years of age and free for children 2 and under.

The Goodnow House

One of the oldest buildings in Riley County, the Goodnow House and the Riley County Museum offer a historical perspective on the founding of Manhattan,

and in a larger scope, Riley County. The Goodnow House, built in 1857, was named after Isaac Goodnow, the founder of Manhattan and a co-founder of K-State. Students, faculty and city residents can tour the house as well as the Riley County Historical Museum, which is now an official national historical museum.

Between these and Manhattan's many different bars, restaurants, museums and art and music venues, the city has something for everyone.

Jakki Thompson is a junior in journalism and mass communications and American ethnic studies. Please send comments to edge@kstate-collegian.com.









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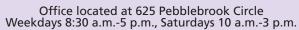








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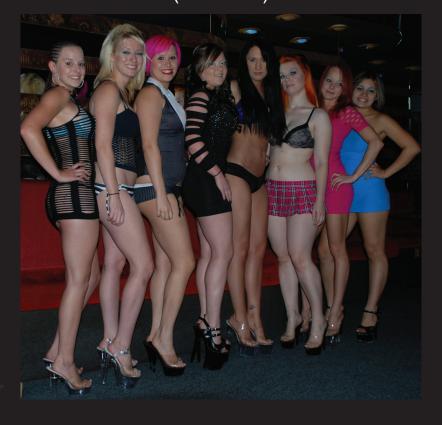
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SUMMER EDITORIAL BOARD

What are your favorite local bars, and what makes them your favorite?





Auntie Mae's Parlor is definitely my favorite bar. There really is nothing else like it in Manhattan — it's a chill basement bar that never plays crappy music. What more can you ask for? I've found myself branching out a little lately and spending some time at Aggie Central Station to check out live music and Keltic Star to try one of their numerous Irish whiskeys, but nothing lives up to the wonder that is Auntie Mae's.

Jakki Thompson edge editor



My favorite bar is Xcalibur Club, which is located in Junction City. This bar is known for its decent drink prices and its performances. Almost every weekend, XCalibur offers drag shows, mostly featuring local drag queens and kings, for audience members. People can come and tip the queens and kings, as well as have fun in an upbeat environment.

Katie Goerl managing editor



For its atmosphere and regulars, Auntie Mae's Parlor is my favorite bar in Manhattan. It's a bar that I actually feel comfortable in, a place where I can talk with my friends over a beer at a booth in a dark basement. You won't meet cooler people at any other bar. That said, Taco Lucha is actually my favorite place to enjoy a drink — one drink in particular. The Michelada is a revelation. A spicy, sour mix of lime juice, hot sauce and Worcestershire mixed with Tecate beer, the Michelada is not for the faint of heart.

Russell Edem

photo editor

I really enjoy O'Malleys, live bands on Friday and Saturday when the weather permits and no cover. They have a great outdoor patio which they just rebuilt to accommodate more people for the bands. The bands they have playing there range from jazz to rock.



Karen Ingam

My favorite bar is Little Apple Brewing Company in Manhattan. I had my 21st birthday there with my famliy and friends and it always feels like home. Along with brewing their own beer (no crap on tap!), they also have certified Angus steak and burgers and an awesome and an awesome menu that includes appetizers and small plates that will expand your culinarty horizons. If you want a place that feels like the TV show "Cheers" then the Little Apple Brewing Company is the place for you.

> **Emily Gansel** design editor



I can't say that I've really discov-ered my favorite bar yet. I'm still working on figuring that out because that out because
I'm pretty new to
being 21. Thinking
through the bars
I've been to so far
in Aggieville, I don't
think that I have a
favorite or a least
favorite but I'm excited to keep trying
to find one!

Michael Pagels opinion editor



After much deliberation over which one of the bars I like the most, future and current employers ignore this, I decided I had to do a top three. I'm a fan of live music, and Aggie Central Station is the current go-to Central Station is the current go-to venue in Aggiev-ille, without a doubt. With a large standing area and seating, as well as free pool and a separate bar area, it has a little bit for it has a little bit for everyone. When I feel like getting in touch with my Irish roots, I am a sucker for the Killians on tap at the Keltic Star. With great barkeeps and great food, not to mention the large whiskey selection, it's a nice place to break out the dartboard and relax.

For a cool, low key atmosphere and great food, nothing beats Rock-A-Belly Deli in Aggieville. The waitstaff is friendly, the food is phenomenal and the drinks aren't too pricey either. One cool thing about Rock-A-Belly is that you can choose to either sit inside the artistically decorated bar or you can choose to sit outside on the back patio, which is heated with overhead with overhead warming lamps so that you can use it even in cold weather. As both a fun lunchting meeting spot and a cool place to hang out with friends during nights out in Aggieville, Rock-A-Belly Deli shouldn't be missed!

Sierra Hale

managing copy chief

Pretend 6 like you're 2 1 9 8 6 7 4

2 1 4 8 6 taking notes and 8 1 6 3 4 7 do the 9 4 5 8 2 SUDOKU 3 7 4 5 (1) 5 6 2

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OSAS helps K-State students join in

Ambrosia Franklin

Want to start the year off right by building your resume with awesome leadership skills? One great way to do so is to get involved in student-run organizations.

The Office of Student Activities and Services is the place to start. Located on the ground floor of the Student Union, you will find your first source of information for various registered student groups on campus.

OSAS has literature to explain the full extent of each student organization, as well as a full staff to help guide you to the student group or groups just right for you. Some of these groups include sororities and fraternities, religious groups, or sports club organi-

Bill Harlan, interim coordinator for student activities and services, suggests taking advantage of the many back to school activities that will be occurring in the next couple of weeks, including the Union Expo and Activities Carnival during the first week of classes on Aug. 29 at 6 p.m.. As of now, around 222 student groups are registered to participate in the carnival. The Activities Carnival provides an opportunity to meet with each organization one-on-one for informal intro-

Keep your eyes open because groups are always doing things here in the Union, outside in the Plaza." Harlan said. "Department groups or things related to majors or academic departments are really good opportunities to get involved in something that is both fun and some social interaction but can also support your studies and help [you] meet some of the faculty and staff outside of the classroom."

JOIN | pg. 17

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It was an easy switch for me because I'd already been working thirteen years at my cousin's store. I felt the time

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JOIN | Getting involved can keep students informed about events within majors

Continued from page 16

Connecting with your particular academic department could help you have a better experience in your particular major. Also, visiting with classmates and peers who share your interests can help keep you on top of your majors events and opportunities. With about 480 different organizations to join, odds are you'll find something that interest you.

But if not, you can always start your own organization through the OSAS. The simple process consists of filling out a couple of forms, having at least 5 student members and a faculty or staff member to participate and attending an orientation meeting held for all of the student groups. There is no cost and no waiting period.

The possibilities of becoming involved on campus are limitless. If you don't have time to visit the OSAS office or back to school Activities Carnival you can also visit their website where they have the full list of registered student organizations for you to explore. The site also includes an "Ask Wille" option that allows you to ask questions and provides any information you may need to know about getting involved.

Erin Poppe | Collegian School of Leadership Studies ambassadors mingle during their induction speed dating event on November 12, 2012.







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Resident assistants provide resources, support to students in dorms

Shelton Burch

For students moving into resident halls this coming semester, a number of different resources are available to them. One major resource available to students living in residents halls or the Jardine living communities are their resident assistants.

Nick Lander, assistant director for resident life for K-State Housing and Dining Services, oversees all residence halls excluding Jardine Apartments. Lander said resident assistants play a vital role in students transitioning into K-State

"Our RAs are the people who know our students best because they literally live right next to them," Lander said. "They get to know [students] and help them connect with the K-State community."

Ronnell DuBose, residence

coordinator, oversees West Hall and Smurthwaite Scholarship House. He said part of the duties of an RA include helping set up a safe environment on campus.

"A resident assistant is on campus to help students transition into the college culture," DuBose said. "So it's meaning getting to know different people who can create a very safe and secure community allowing individuals to get to know one another. They're a resource."

DuBose said he has noticed that resident assistants have to know all about the resources on campus, both social and academic, in order to help students. He said that being an RA can be challenging for students who enter the position.

"I think what a lot of college students run into is that issue of time management, and so [RAs] really learn how to balance their time well," DuBose said. "I think another thing is, they learn how to balance different types of stresses, meaning that RAs will just learn to handle certain situations in the most appropriate and professional way possible, so I college student," DuBose said.
Phil Hill, junior in marketing and second-year resident assistant in West Hall, said he became an RA because he had a good experience with the RAs on his floor when he first

"Our RAs are the people who know our students best because they literally live right next to them. They get to know [students] and help them connect with the K-State community."

> Nick Lander assistant director for resident life

think it helps them with that."
DuBose said the next biggest challenge that resident assistants face is the idea of living where they work.

"You have to be a role model, so it takes a lot of good judgement, because sometimes you want to be a typical came to K-State.

"I did it because my RAs my freshman year were really good, and I really admired them," Hill said. "I wanted to be able to do what they did for me and give freshmen and sophomores a good experience in the residence halls."

Hill said the RAs he had his freshman year were good because they encouraged him to become floor president, which gave him leadership experience and also helped encourage setting up fun programs for all of the members of his floor. He said the RAs were always there for him and his fellow residents as a resource and as someone they could talk to.

"Those are some of the same things I try to do, as well as spending time with the residents," Hill said. "I try and spend a lot of time with them, play some sports, show my residents campus resources they can use and help them to get involved."

DuBose said that in order to become resident assistants, students must turn in an application which then goes to a committee for review. After that, selected applicants get interviews. Hill said resident assistants are assigned based on how many residents are moving in, so some floors will have two RAs and some floors will have one

one.
Once resident assistants are assigned, Hill said there are requirements for programs that RAs have to fulfill. Hill said in West Hall, these include door decorations twice each semester as well as bulletin boards each month.

"We have to do eight programs each semester," Hill

Hill said that in his experience, the average RA lasts two years with about 50 percent staying in the position that long. He said that time management is definitely a challenge faced by many RAs, and the example they set is a challenge because they show residents what it looks like to be a good resident, a good student and a good person.

ALUMNI ADVICE

Notable alumni share memories, advice for K-State students

by Karen Sarita Ingram



Berit Bihl

Editor's note: Bihl's section is compiled from information taken from an interview for another article published on July 24. The other alumni featured in this article answered questions through interviews conducted via email and Facebook.

1. About Berit Bihl

Bihl graduated from K-State with a bachelor of fine arts in painting in 1972 and a master of arts in painting in 1979. She went on to receive her master of fine arts in sculpture from the University of Houston in 1982.

Bihl worked at a number of public and private schools in Texas and Kansas teaching art to children. Even after she retired, she continued to teach for seven more years at Devereux, Texas, a school for children with emotional and developmental challenges. In late 2009, Bihl moved back to Manhattan where she taught art to special education students at Anthony Middle School.

While she has always made art, she is now a full-time artist, working at her home studio. She has had solo and joint art shows in Sweden, Switzerland, Hawaii, Florida, Texas, Kansas and many other places.

2. Favorite memory of K-State

When she discovered she had a fear of heights, Bihl decided to overcome it by taking a mountaineering course with the ROTC at K-State, which included rappelling from a 50-foot tower on Fort Riley. Her favorite part was practicing rappelling off of West Stadium here on campus, which drew the attention of passersby. She was among the first group of women students ever to take the course.

3. Professors and instructors who inspired her

Bihl said the entire art department at K-State was wonderful and inspiring, especially Jerry Diebler, Oscar Larmer, Jack O'Shea and Ed Sturr. She made lasting friendships with many people, including Terri Schmidt, who teaches drawing and printmaking to K-State students today. In fact, Schmidt and Bihl live together now, sharing their home, their love of art and their studio space together.

4. Advice for incoming freshmen

Bihl said she feels very fortunate to be able to make a career out of art, because it is not always an easy thing to do. Not everyone has a desire to become a teacher like she did, and many people feel pressured to major in other areas, such as graphic design, for fear that their art degree will not be sufficient in the job market. Bihl offered the following two pieces of advice for students who love art:

Dual major. If you really want to study art, but think you should major in something else to help with job prospects, then do both instead having to choose. Studying art often goes hand-in-hand with other majors in unexpected ways, and by doing both you will not deny yourself the opportunity to study something you truly love.

Take an aptitude test to find out what else you're good at. Bihl took one and found, to her surprise, that she had strengths in gardening and law. These were things she had never considered doing and, although she did not end up pursuing them, she was glad to know what other options were available to her. Again, you can find ways to use art in many fields of interest. Had she chosen to pursue gardening, for example, Bihl said she might have tried horticultural therapy. This would have allowed her to use plants as a form of art to touch people and help them overcome physical or emotional challenges.

Shane Apple

1. Tell us a little about yourself I graduated in 2004 with bachelor of science in mass communications with a concentration in radio and television. I've worked in television news, post-production houses and freelance.

After graduation, I payed my professional dues by doing some grunt work like my first job as an editor for the Good Morning Show at WFMY News 2 in Greensboro, NC, working from 1 a.m. to 9 am. I moved up to a photojournalist covering stories with reporters and working solo on some of my own. News is such a fast-paced environment, and everyday was a grind. It did give me a chance to work on stories with politicians like senators, house representatives and presidential candidates. Interviewing everyday people, especially children, was hard, but the most intimidating was Lou Ferrigno (the original Hulk). The man was huge!

After I left news, I worked as a contractor for the Department of Defense at Fort Knox, Ky. This job required a secret security clearance working on projects mainly for the U.S Army. There, I worked with soldiers to create training aids, commercials, documenting ceremonies as well as visits from dignitaries from other countries. I got a chance to meet the Secretary of Education, Arne Duncan, and the Army Chief of Staff, General George W. Casey Jr. More importantly, I got a chance to work every day and give back to some of the greatest Americans, the American soldiers.

After working two years at Fort Knox I moved out to Los Angeles were I am currently a freelance videographer. My work here has taken me to mainland China, Hong Kong

2. What is your favorite memory of K-State?

Getting a chance to work as a producer for the student-run television news program "Manhattan Matters." It gave me a real world environment to practice everything that I had learned before I entered the workforce. Besides my internship, it was one of the most fun, challenging and rewarding things I worked on as a student.

3. What do you miss most about Manhattan?

Purple Pride! it just doesn't feel the

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same to wear my K-State shirt outside of Manhattan. People don't look at purple the same way as K-Staters do. There is just something about walking around Manhattan with your purple.

4. Was there any particular professor or instructor who inspired you?

inspired you?
David McFarland was the reason I am where I am today. Dr. Mac inspired me to keep working and developing. He saw my potential and helped push me in the direction that I am today. I can say that he is one of the most influential persons in my life today. I can't thank him enough for pointing me toward what has so far been a career that has felt more like a hobby.

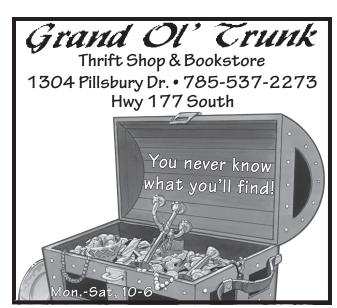
5. What is your advice for incoming freshmen?

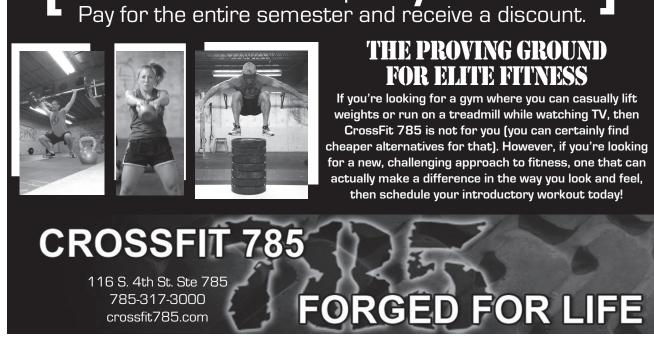
Get involved with the K-State community as soon as possible. Head down to the Union during the first week of classes and look at all of the booths set up for different activities that students can get involved in. I joined the K-State Club Lacrosse team the first day I got on campus. That provided me with friendships that will

Id also like to tell any student coming into K-State to not limit yourself to just the work your professors give you. When you leave K-State you'll need to show a body of work to prove you're ready. Today, a diploma is not enough. You need to show that you reach farther than your education. If you're in journalism, start a blog about something to show that you can write on topic. If you're in computer science, design a working application that has practical use to an everyday person that maybe your professors didn't think of.

It's all about making yourself stand out in the massive crowd of new graduates and people with more experience. Employers aren't waiting for you to graduate. They're waiting to be impressed by what you can bring to their organization that all the rest of the applicants that only walked in with just a diploma.

ALUMNI | pg. 19





ALUMNI | Former K-Staters recount memories, offer tips for new students

Continued from page 18



Paris Rossiter

1. Tell us a little about yourself

I graduated in 2004 with a degree in social science with an emphasis in political science. I came to K-State from Newton, Kan. While I was at K-State, I was active in the student body, holding positions in the Black Student Union, Men Against Rape Society, the Kappa Tau chapter of Alpha Phi Alpha Fraternity, Inc., United Black Voices Gospel Choir, the KSU Elections Committee and the Big XII Council on Black Student Government. I also served in Housing and Dining as a Multicultural Assistant, Resident Assistant and Assistant Coordinator for Apartment Living at Jardine.

Since graduating, I took an Assistant Director position at the University of Maryland in College Park, and now I serve as a Property Manager at the George Washington University in Washington, D.C.

2. What is your favorite memory of K-State?

My favorite memory at K-State has to be my wedding day! I married my best friend, Akeia Haddox-Rossiter, at All Faiths Chapel and hosted my reception in the K-State Student Union. A host of my biological family and in-laws met and celebrated with my Purple Family as Manhattan became woven into the fabric of our lives.

3. What do you miss most about Manhattan?

The thing about Manhattan, and K-State, that I miss the most is the season that you are getting ready to experience. I miss the fall semester, which symbolized a fresh start, a new crop of incoming students and the sights and sounds of college life permeating through campus at every turn. Football season doesn't hurt either!

4. Was there any particular student, professor or instructor who inspired you?

While living and working on campus, I had the awesome opportunity to work for the Office of Diversity with Myra Gordon, Darlene Ducksworth, Mirta Chavez, and Romaine Schell. In this position I worked alongside these awesome women as they carried out the mission of the institution as it related to inclusion and education of the student body, faculty and staff. The office annually held programs, events, trainings and other special programs. The staff worked hard every day and made the mission of the office their own personal calling as well. It gave me a blueprint and an indelible impression on how I should function in the workplace.

5. Do you have any advice for incoming freshmen?

Your first semester I want you to focus on your studies, get eight hours of sleep each night and STUDY, STUDY, STUDY! Attending college is a privilege, not a right. If you don't handle business during this semester, it will haunt you the rest of your college career. There will be plenty of time for partying. Get the grades first. Earn your spot at K-State. Go for straight As. Surround yourself with people who are doing the same thing. Spring semester, try something new! Attend a meeting, event or function that you would have never thought to before. Widen your circle of friends and associates. Enjoy college, but still STUDY, STUDY! Seeing a pattern here?

Eric Beikmann

1. Tell us a little about yourself

I graduated in 2000 with a dual degree — bachelor of arts in public relations and a bachelor of science in secondary education. I've focused my career in communications, working in both an agency and non-profit setting. Currently located in Los Angeles, I've worked for the American Cancer Society for 10 years and lead communications strategy for the organization's California division.

2. What is your favorite memory of K-State?Camaraderie with my FarmHouse fraternity brothers. My fraternity experience helped guide and shape my time at K-State by building genuine friendships and maintaining high expectations for intellectual, spiritual, moral and physical growth.

3. What do you miss most about Manhattan?

I grew up in Manhattan, and sometimes miss the slower pace of life that still offers great cultural, entertainment and recreational activities because of K-State.

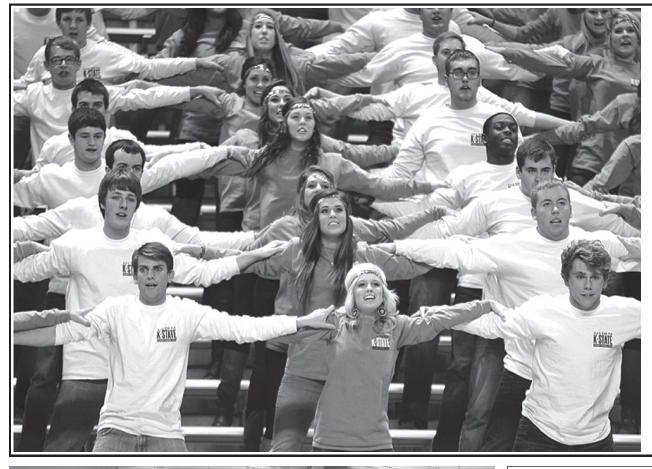
4. Was there any particular professor or instructor who inspired you?

Linda Putney, adviser for The Royal Purple yearbook. As a member of her staff I was constantly inspired by her passion and enthusiasm for her craft. She demanded excellence while making the RP experience fun, memorable and educational.

5. What is your advice for incoming freshmen?

Embrace your time at K-State and take full advantage of all it has to offer. Nothing is permanent except change, so make connections, make friends and enjoy the experience because it goes by fast.





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Contact Anna at 532-3700 or asherwoo@ksu.edu



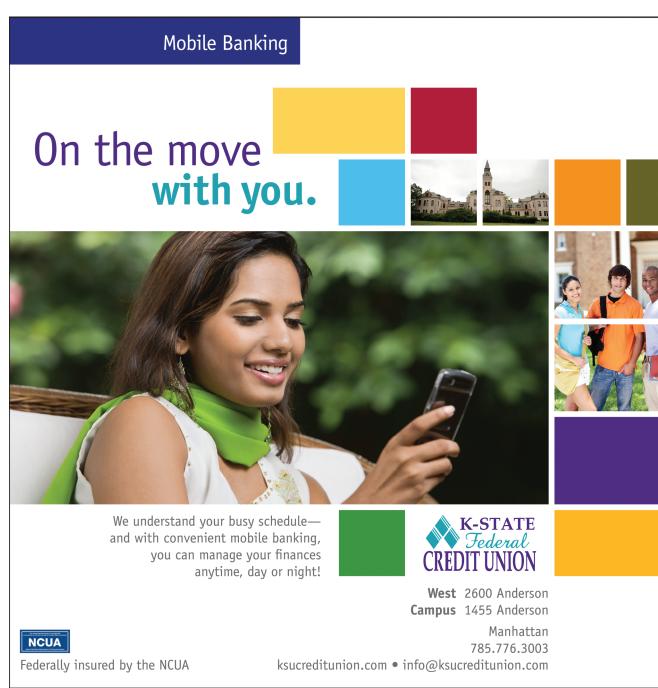
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Studying: how to stay productive, avoid distractions



One of the hardest lessons to learn in college is how to study. Of course, it's something everyone already knows after they graduate high school - you just sit down with your books and read the parts that will be on the test. . When you think of it that way, however, you're asking for trouble. To study successfully, students must be able to focus, avoid the temptation of distraction and have a plan, and that means doing more than just sitting down in front of a book all night. Be warned, though: the more efficient your studying becomes, the easier it is to procrastinate.

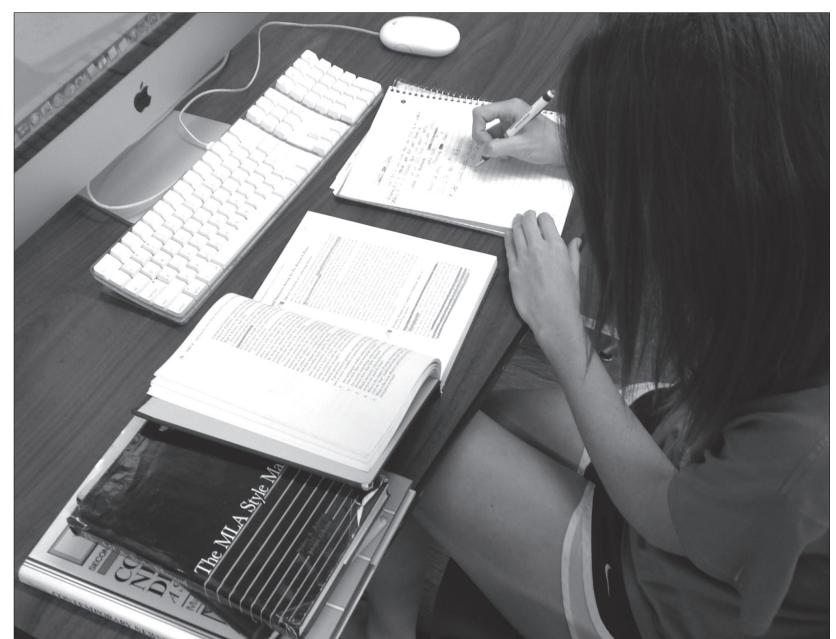
1. Stay focused and get organized

Are you studying for a multiple-choice test or an essay exam? What material will be covered on the test? Do you have a presentation to give and you still haven't settled on a topic? Where are those notes from class that one day? What about those quizzes ways teacher handed back?

your teacher handed back? The first step to studying successfully is to gather all the materials you need that are related to the project, test or essay for which you're preparing. Look at the syllabus and figure out what your professor's expectations are. Find all the previous quizzes and notes you have from the class. Figure out whether your instructor will post any practice exams or hold any study sessions. Be sure to have all the materials you'll need on the day of the test - a calculator, a blue book, a sheet of notes so that you're not panicking at the last moment.

2. Make a plan

2. Make a plan
Figure out what you need to know — what chapters will be covered on the test, which topics you'll be writing about or what kind of information you need to present. These steps might seem like a waste of time at first, but if you have a plan for studying and you know what you don't know, you will study much faster and more efficiently.



Iris LoCoco | Collegian

Keeping materials organized and limiting online distractions can help make study sessions more productive and lessen your overall study time. One app called StayFocusd blocks distracting websites such as Facebook and Twitter from your laptop while you study, removing temptation.

Tackle each problem one by one. It might help to write down what topics you still need to brush up on. If you know a certain type of problem will be on the test, make sure you know how to do the sample problems that are in your textbook. If you know your teacher really hates it when students read every word of their slides during a PowerPoint presentation, plan to make slides with bullet points or images and write notecards with the information you'll actually be presenting. This is a really easy way to throw a presentation together

quickly; the less information you put on each slide, the less time you'll spend on the visual part of your presentation, and the more time you can spend

practicing your speech.

In low-level math and science classes, many instructors borrow test questions from previous quizzes or slightly alter problems from practice tests or from the textbook. Keep all the quizzes you receive and make sure you can complete the practice test in the time you're given.

3. Study without distraction

For many people, this means finding a secluded place and shutting out the rest of the world. For me, it means shutting myself in my room and closing all windows on my laptop that don't relate to my studies. Online distractions are the worst, especially because students often have to be online to study. Luckily, there's an app for that.

I use StayFocusd, a free extension for Google Chrome that blocks time-wasting websites like Facebook, Twitter, Tumblr and YouTube. (A similar extension also exists for Mozilla Firefox called

LeechBlock.) When installed, StayFocusd's list of blocked sites is empty, and it gives you the option to add websites from a convenient list. You can set how many minutes per day you are allowed to browse these websites, but I usually set that very high and just activate "The Nuclear Option" whenever I need it.

Here's what the nuclear option does: it blocks your access to any websites on your blocked list, for any amount of time you wish — and during that time, you can't change the settings on the app. Usually I use StayFo-

cusd to block those websites for an hour or two at a time, forcing me to work. Even when I mindlessly try to check Twitter, I can't.

The extension can still be disabled in Chrome even when the nuclear option is activated, so you're in no danger of accidentally cutting off access to important websites. If you just can't keep yourself from checking Facebook, give StayFocusd a try.

Katie Goerl is a graduate student in history. Please send comments to edge@kstatecollegian.



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WED - October 2

Beauty on the Beach - Boots & Bikinis FINALS

BATHROOMS | Leadership Studies restroom contains private, lockable shower

Continued from page 9

Although, if you're willing to venture into that dark, dank basement hall, you will find a unisex bathroom in room 9A with one toilet — and it locks. I know what I'm doing in there! (Pooping. It's pooping.)

Honorable mention: K-State Student Union

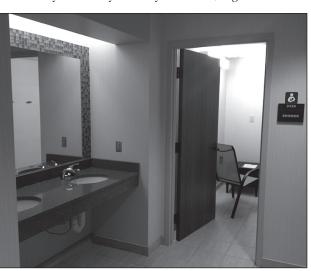
You might expect the Union's bathrooms to rank pretty highly, but I have beef with these. Those automatic hand washing and drying stations seem pretty cool at first — you don't even have to use your hands! You just put them in the sink and the sink does the rest! So luxurious! At least until you realize you

have to use your hands again to open the door. These are very nice facilities, but considering the number of stalls in the bathroom and the amount of traffic that comes through, this bathroom is far more cramped and public than it's

THE BEST

243A Leadership Studies

This is how you make a good bathroom. Lots of space, less than a handful of stalls, and ... A SHOWER?!? Yes, the second floor of the Leadership Studies Building contains both men's and women's bathrooms with a private, lockable shower and plenty of space for your clothes, bag and towel.



courage students, faculty and staff to ride their bikes to work, a fact that I was unaware of for the two years that the building has existed on campus. It is something to consider for incoming students who want to stay fit and minimize their impact on the environment. The private shower area in the women's restroom also contains a table and comfortable chair where lactating mothers can go to pump their breast milk in solitude.

119 Kedzie Hall

Kedzie Hall, home of the A.Q. Miller School of Journalism and Mass Communications, has also been my home away from home for about half the weeknights of my last three years here. I have become intimately acquainted with the main floor of Kedzie Hall - the business office, the newsroom, and yes, the bathrooms. The women's

Katie Goerl | Collegian This bathroom in 243A Leadership Studies contains a private shower room that doubles as a lactation room. It is one of at least six bathrooms on campus that also serve as secluded, comfortable areas for breastfeeding mothers.

bathroom on the first floor, in room 108, holds a few stalls and a couch with a coffee table, but that's not even the best one in Kedzie.

119 Kedzie Hall houses perhaps the roomiest, most centrally accessible, lowest-traffic and most private bathroom on campus. It contains one toilet, one sink, one paper towel dispenser and one door that locks. Who can ask for more? Not a lot of people know about this bathroom. At least, they didn't before now. You're welcome, K-State.

Honorable mention: 113 Leasure Hall and other lactation rooms

Leasure Hall contains one women's bathroom on the first floor. It has two stalls and one sink. It is not perfect. But it also contains a second room especially designed for the needs of mothers, with a latching stall that contains a large armchair, a lounge hidden behind a blue wooden screen, and other miscellaneous seating. There, lactating mothers can pump their breast milk in

privacy.
113 Leasure Hall is one of several lactation rooms scattered across campus. Other rooms include 207A Willard Hall, 016 Anderson Hall, 202 and 302 Umberger Hall and the aforementioned 243A Leadership Studies.

These are great places where any women can go



Katie Goerl | Collegian

119 Kedzie Hall is a spacious bathroom tucked away in the foyer of Kedzie. A rare gem on campus, this unisex bathroom contains only one toilet, offering more privacy than most.

for some extra comfort and seclusion, but please have respect for the privacy of

Katie Goerl is a graduate student in history. Please send comments to edge@kstatecollegian.

Going greek: Benefits to greek life every student should consider



Evert Nelson | Collegian

Members of the Delta Upsilon and Sigma Pi fraternities and Kappa Delta sorority perform their stomp routine for last year's Pant the Chant homecoming competition on Oct. 22, 2012. Pant the Chant is one of the greek highlights of the university's Homecoming Week.



Greek life is a major part of most American universities, and K-State is no exception. There are 38 fraternities and sororities at K-State, making up about 20 percent of the undergraduate population. Going greek is a significant decision to make, and while it's certainly not for everyone, I believe every student should seriously consider joining a fraternity or

When I arrived on campus last August to begin my college career, I'd never really considered joining a fraternity. Neither of my parents were greeks in college, and amidst all the stress of choosing a college and preparing to move away from home, the prospect was never on my radar. However, I kept an open mind and went to a number of recruitment events. I ended up becoming a member of Delta Chi, and in the short time I've been involved, I've already grown as a person in countless ways.

Here are just a few things that every K-State student should take into account while deciding whether or not to join a greek organization:

1. You'll grow as a leader. One of the reasons I became

interested in greek life was because it seemed that every influential student I ran into on campus was a member of a fraternity or sorority. This was no



Payten Mobley, junior in sociology, leads a line of Kappa Alpha Theta members and new members as the senior class welcomes them home on Anderson lawn the last day of formal sorority recruitment on Aug. 13, 2012.

coincidence; about 65 percent of campus leadership positions were held by greeks last year, according to K-State's website.

Leadership is a focus for every fraternity and sorority on campus. From working on small committees (such as a homecoming committee, which coordinates a chapter's Homecoming Week activities, or a philanthropy committee, which is responsible for planning events to benefit a chapter's national philanthropy) to holding positions on the executive board, it's almost difficult to avoid becoming a stronger

This isn't to say that an independent student can't be a

ship ability is innate. However, involvement in a greek organization can turn even the most introverted of students into dynamic leaders.

2. You'll give back to the community.

In an average year, K-State greeks volunteer more than 30,000 hours of time to community service and raise about \$200,000 for charity. That's an incredible impact for a relatively small percentage of the student

Every greek organization has a national philanthropy for which they annually contribute money. These charities promote an incredible variety of causes, from research on diseases like cancer and Alzheimer's to animal rescue efforts. Fraternities and sororities offer a unique opportunity to join with others on campus and make a tangible difference in the world.

with prepared songs and dances.

3. You'll meet some of your

best friends. Should you join a greek organization, you likely won't get along with everyone in your chapter; that's just human nature. However, each and every one of your brothers or sisters will be there for you through anything you'll face in

life. Period. By definition, a fraternity or sorority is a collection of like-minded individuals. Though the paths that carry you to membership are as different as your aspirations in life, you'll all share a set of common values and beliefs that bring you

Fraternity members entertain the women of Kappa Alpha Theta during serenades on Aug.

15, 2012. Serenades have become a tradition within the greek community where, on the

Sunday after formal fall recruitment, the fraternities rotate between sorority houses

together in a unique way. In a university of more than 24,000 students, everyone will have the opportunity to form lasting friendships, regardless of whether or not they become greek. As a greek student, your friendships certainly won't be limited to your brothers or sisters. However, at the risk of sounding cliche, the bonds formed in a greek organization are something more than friendship. Your fraternity

brothers or sorority sisters will be like family.

Erin Poppe | Collegian

The start of your college career is a time of many changes, and the prospect of greek life can be stressful. However, it's very important to keep an open mind. When you encounter greeks on campus, talk to them; they'll always be willing to share the impact their organization has made on them. Like I said earlier, greek life may not be for everyone, but it certainly could be a fit for you.

Mike Stanton is a sophomore in journalism and mass communications. Please send comments to edge@kstatecollegian.com.



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